

The Big Shift: Navigating The New Stage Beyond Midlife

This handbook is a comprehensive resource for students, scholars, and practitioners seeking a broad overview of interrelated topics concerning the aging workforce.

The signs are everywhere: Economic crisis, dramatic hurricanes, floods, earthquakes, and increased rates of species extinction. According to New Age metaphysician David Ian Cowan, we are in the midst of a 25-year transitional period of planetary shift as our solar system approaches the Galactic Photon Band, a shift that is also affecting our perception of time. The Mayans had a term for this transitional period: the “Time of No Time,” indicating that, post–2012, time as we know it or experience it may not exist at all or will have changed dramatically. In Navigating the Collapse of Time, Cowan synthesizes a broad range of perspectives about this time of transition, from the writings of the ancient Mayans, Aztecs, and Incas, to speculative theory, quantum physics, philosophy, and the nature of illusion and reality posed by a range of theorists and academics including Ken Carey, Barbara Hand Clow, William Gammill, Zecharia Sitchin, Carl Calleman, Gary Renard, Ken Wapnick, Brent Haskel, and many others. He also lets us know what to expect as events continue to unfold and how to navigate this time of change.

The how-to guide to finding profitable, fulfilling work after 50 Aimed at workers aged 50+ looking for a new job—whether they have been laid off or taken early retirement, need supplemental income, or want to pursue an encore career—Great Jobs for Everyone 50+ is the definitive guide to finding lasting financial security and personal and professional fulfillment. Opportunities abound—the trick is knowing where to look and what to expect. Whether readers are interested in trying jobs they’ve long dreamed of doing, or just want something with flexible hours that brings in a little extra income, this book covers all the options. As Americans live longer and healthier lives, the desire to work longer—for the income, the mental engagement, or the chance to give back—has grown. But there is little guidance for the 50+ crowd looking for work and few role models who’ve blazed a path. In Great Jobs for Everyone 50+, author and personal finance, retirement, and career transitions expert Kerry Hannon shows the way, with compelling stories from people who’ve been there. Presenting the nitty-gritty details of available job opportunities, wages to expect, typical hours, and the qualifications and savvy needed to get hired, the book is loaded with practical advice on how to prepare both professionally and financially to start out on a new adventure. Shows where the best opportunities for new employment lie Helps readers find profitable and rewarding jobs to save for retirement Understands that different workers want different things from their jobs and shows how to cast a wide net to find an opportunity that fits Provides incredible insights into working after 50 from Kerry Hannon, a nationally renowned expert in personal finance, retirement, and career transitions Motivational, inspirational, and thoroughly practical, Great Jobs for Everyone 50+ explains how to find part-time, temporary, work-at-home, or seasonal employment in profitable, rewarding jobs.

The era of the aging worker is here. The forces driving the first decades of the 21st century -- globalization, technology, societal aging, and jarring economic instability -- have made later retirement a necessity for many, but those who choose to stay in the workforce are frustrated by a job market that fails to take advantage of their talents. As government's ability to finance retirement and health care declines, making space for older workers in the labor force has emerged as a chief challenge for the coming century. Veteran international correspondent Joseph Coleman spent three years traveling to various places in Japan, France, Sweden, and across the United States to profile this aging global workforce. From the rice paddies of Japan to the heart of the American rust-belt, Coleman takes readers inside the lives of older workers. Clear-eyed portraits of individuals illuminate the aging of the world labor force and introduce readers to the factories, offices, and fields where older workers toil and the societies in which they live. Unfinished Work explores a world in the midst of a revolution that will have far-reaching consequences for present and coming generations. Coleman maps out the problems we confront, shows us avenues forward, and illustrates the dangers of inaction. The engaging narrative reveals how accommodating our aging workforce can usher in humane policies that benefit workers across the spectrum of age. Improving conditions for older workers is critical for ensuring success and prosperity for society as a whole for years to come.

In Clergy Retirement: Every Ending a New Beginning for Clergy, Their Families, and Congregants, retirement is likened to a death experience, but much more. Besides saying goodbye to congregants, colleagues, and a career, it is equally important, as in any other loss, to take time to grieve and then to discover new meaning in life through which to reinvent oneself and grow to new heights. This book is a manual for transition into a new world as one approaches retirement. It not only encourages the retiree to think through the process of making new meaning, but offers practical suggestions of how to do so.

We are living in a fast changing, complex and uncertain world and the future of the work, jobs and careers we are currently familiar with is unpredictable. What is certain is that our working lives are rapidly changing and this will continue after the Coronavirus pandemic. This book will serve to prepare the reader for these changes and offer career strategies for living through them. The book outlines the main issues affecting the current employment landscape, before detailing a process for a journey of discovery and includes a practical toolkit of interactive exercises of self-reflection. So, whether it is to take a career further along its current route, completely change direction, or reboot a career, this essential ‘how to’ guide will help readers understand their values, career drivers and strengths. Work is a large part of our life; it is vital to make the best of it.

Adults over the age of 50 constitute some of the most engaged and frequent users of public libraries. They may also be the most misunderstood, since the behavior, interests, and information needs of older adults have changed dramatically with the addition of the Baby Boomers. This book offers advice on how to reshape library services for this new generation of active older adults.

Marc Freedman, hailed by theNew York Timesas "the voice of aging baby boomers [seeking] meaningful and sustaining work later in life," makes an impassioned call to accept the decades opening up between midlife and anything approximating old age for what they really are -- an entirely new stage of life, which he dubs the encore years. In The Big Shift, Freedman bemoans the fact that the discussion about longer lives in America has been entirely about the staggering economic costs of a dramatically aging society when, in reality, most of the nation's 78 million boomers are not getting old -- at least not yet. The whole 60- to 80-year-old period is simply new territory, he writes, and the people in this period constitute a whole new phenomenon in the 21st century. The Big Shiftis animated by a simple premise: that the challenge of transitioning to and making the most of this new stage -- while deeply personal -- is much more than an individual problem; it's an urgent social imperative, one affecting all generations. By embracing this time as a unique period of life -- and providing guidance, training, education and support to the millions who are in it -- Freedman says that we can make a monument out of what so many think of as the leftover years. The result could be a windfall of talent that will carry us toward a new generation of solutions for growing problems in areas like education, the environment, and health care.

[And How To Navigate It](#)

[Everyday Ethics](#)

[Life Transitions in America](#)

[Great Jobs for Everyone 50+](#)

[How Baby Boomers are Changing the Way We Think About Work, Community, and the Good Life](#)

[Innovation in Action](#)

[Tweak It](#)

[Great Jobs for Everyone 50 +. Updated Edition](#)

[Transitioning from the Top](#)

[Urban Educational Culture and the Revolutionary Path to Socialism with Chinese Characteristics](#)

[The Wiley Blackwell Companion to the Sociology of Families](#)

[The Invention of Middle Age](#)

[The New Rules for Career Happiness](#)

[Conscious Living, Conscious Aging](#)

[Comeback Careers](#)

The 60-Year Curriculum explores models and strategies for lifelong learning in an era of profound economic disruption and reinvention. Over the next half-century, globalization, regional threats to sustainability, climate change, and technologies such as artificial intelligence and data mining will transform our education and workforce sectors. In turn, higher education must shift to offer every student life-wide opportunities for the continuous upskilling they will need to achieve decades of worthwhile employability. This cutting-edge book describes the evolution of new models—covering computer science, inclusive design, critical thinking, civics, and more—by which universities can increase learners’ trajectories across multiple careers from mid-adolescence to retirement. Stakeholders in workforce development, curriculum and instructional design, lifelong learning, and higher and continuing education will find a unique synthesis offering valuable insights and actionable next steps.

The Aging Consumer: Perspectives from Psychology and Marketing, 2nd edition takes stock of what is known around age and consumer behavior, identifies gaps and open questions within the research, and outlines an agenda for future research. There has been little systematic research done with respect to the most basic questions related to age and consumer behavior, such as whether older adults versus young and middle-age adults respond to marketing activities including pricing, promotions, product design, and distribution. Written by experts, *The Aging Consumer* compiles research on a broad range of topics on consumer marketing, from an individual to a societal level of analysis. This second edition provides new versions of chapters contained in the 2010 volume that have been updated to reflect the latest psychological and marketing research and thinking. Included also are ten new chapters which cover exciting new ground, such as changes in metacognition in older adults, motivated cognition of the aging consumer, and a global perspective on aging and the economy across cultures. This updated volume is beneficial for researchers and practitioners in marketing, consumer behavior, and advertising. Additionally, *The Aging Consumer, 2nd edition* will appeal to professionals in other fields such as psychology, decision sciences, gerontology and gerontological social work, and those who are concerned with normal human aging and its implications for the everyday behavior of older individuals. It will also be of interest to those in fields concerned with the societal implications of an aging population, such as economics, policy, and law.

*Find out how harnessing the powerful business principles of design thinking can make retirement your best chapter in life. There is no one right time or way to retire. Retirement is a major life transition; but if you spend the time designing a future filled with promise and possibilities, the prospect can be utterly exciting and revitalizing. In Retirement by Design, professional mentor and coach Ida Abbott shows you how the innovative business principles behind design thinking can be applied to plan a rich, fulfilling, and more meaningful retirement. Her guided workbook uses a business-like approach to leaving business, making your switch much smoother and less jolting. Whether you're considering a new place to settle down, working through financial planning, strategizing how to unwind a business, or deciding on which organizations you want to stay engaged with, making critical decisions takes a lot of organization, thought, and planning. Abbott shows how the five principles of design thinking will revolutionize your retirement-planning process: Empathy: Get inside the shoes of your future self. What will be important to that version of you? Define: Hone in on what is and will be most critical for you to focus on (whether it's volunteering, family, activities, or skills). Ideate: Draw, scribble, brainstorm, and throw around as many different retirement scenarios as you can come up with. Prototype: If retiring across the country in Arizona sounds perfect—try it out first. Come up with opportunities to test out your scenarios with short trips and trial time off. Test: This is the fun part—get back to the drawing board and try more retirement scenarios (and future versions of yourself) before sitting down to make those life-changing decisions. The new and innovative, self-coaching approach of Retirement by Design helps you spearhead and navigate a major next step in life. Whether your retirement is 10 years away or swiftly approaching, this workbook ensures you will create a future that is perfectly tailored to you. Marc Freedman, hailed by the New York Times as “the voice of aging baby boomers [seeking] meaningful and sustaining work later in life,” offers a recipe for how we can transform America’s coming midlife crisis into a midlife opportunity. Millions of people in their fifties, sixties, and seventies are searching for answers to the question “What’s next?” and are navigating their way to an entirely new stage of life and work, one that could last as long as midlife. Shifting to a much longer lifespan isn’t as easy as it may seem. Unlike the transition from adolescence to adulthood, managing this process for many is a do-it-yourself project. Drawing on powerful personal stories, *The Big Shift* provides not only direction but a vision of what it would take to help millions find their footing in a new map of life.*

Do I buy eggs laid by free-range chooks or the cheaper ones from caged birds? Do I tell my best friend I saw her boyfriend kissing another girl? Do I lie to my mum by telling her I will wear the jumper she bought me, even though it’s the ugliest jumper in the world? Every day our lives are punctuated by points of decision. Some of these decisions will be momentous, remembered for decades: most will go unnoticed, by us and by others. Yet all our choices matter: taken as a whole, they shape our lives and contribute to the rhythms of the world. In Everyday Ethics, Australia’s leading authority on ethics, Simon Longstaff, provides a map to help you better navigate the landscape of daily decisions more ethically. Using a broad range of topics and examples to provoke eye-opening reflection and discussion, Everyday Ethics is a lesson in how even our smallest choices can matter, and an empowering guide that will help us discover what is ‘good’ and what is ‘right’.

The Great Shift is about the new era of humanity. We have entered the new epoch of humanity's spiritual evolutionary journey into higher consciousness. Our present world is one in which order is arising out of chaos. Everything is changing and seeking equilibrium. The conditions are nothing short of a rebirth. We are quite literally witnesses and participants in the shift from individual to planetary consciousness. We are part of the emerging consciousness, and the signs are everywhere. It is here now, and we all have a part to play in it. This book is a guide to navigating the shift from an old paradigm into a new one. It is deeply rooted in the shamanic and Taoist traditions, which are a fountain of wisdom and knowledge for restoring our relationship with the Earth. Shamanism and Taoism are a way of living in harmony with nature, rather than an adherence to a religious doctrine. By practicing these ways of being, we awaken our soul calling and our connection to nature. They provide a myriad of responses to the spiritual quest of self-discovery. They are ways that embed us in the living web of life, yielding greater awareness and perspective. These practices are easily integrated into contemporary life and provide a means of navigating the turbulent times in which we live.

In this groundbreaking book, Mary O'Hara-Devereaux -- an internationally renowned business forecaster -- shows how organizations can hone their competitive edge during these uncertain times. Using the metaphor of traveling through the badlands of the American West, Navigating the Badlands offers the principles, tools, transformative strategies, and essential understanding executives and business leaders need if they are to weather the rugged, global business landscape of the future. Throughout the book O'Hara-Devereaux reveals how business leaders can seize the opportunity to create new value from successful alliances, reach global markets, and find top talent. We celebrate, talk about, and worry a great deal about transitions in life. Going to college, having a first child, losing a job, and retiring constitute just a few of the pivotal moments in the lives of many. Sociologists and psychologists have devoted considerable attention to life transitions. Yet we know very little about whether there exists a common thread to our understandings of life transitions in general. How do journalists, leading politicians, sport icons, bestselling authors, government agencies, Hallmark cards, popular TV shows, and other “voices” of popular culture talk about transitions in life? Do these voices provide a coherent picture of how we make sense of life transitions? In this book, Francesco Duina shows how the dominant American discourse articulates two basic approaches to transitions in life. The first approach depicts transitions as exciting, individualistic opportunities for new beginnings: the past is cast aside, the future is wide open, and the self has the opportunity to recreate itself anew. The second paints transitions as having to do with continuity, our connections to others, and the life-cycle, with an emphasis on acceptance and adaptation. Though contrasting, the two approaches ultimately complement each other. Their analysis reveals a great deal about American culture and society, and will be of great interest to students of the life course and the sociology of culture.

[50+ Library Services](#)

[Clergy Retirement](#)

[Finding Work That Keeps You Happy and Healthy...and Pays the Bills](#)

[Make What Matters to You Happen Every Day](#)

[Love Your Job](#)

[Personal Continuity Planning for the Retiring Family Business Leader](#)

[From Medicare to Spousal Benefits, an Essential Primer on Government Retirement Aid](#)

[Career Agility](#)

[How to Live Forever](#)

[Wisdom at Work](#)

[The Struggle to Build an Aging American Workforce](#)

[New Models for Lifelong Learning in the Digital Economy](#)

[The 60-Year Curriculum](#)

[How Companies Can Leverage Human Resources to Achieve Sustainable Growth](#)

[The Happiness Curve](#)

Although still in its earliest stages, artificial intelligence (AI) is radically transforming all aspects of society. With the immanent emergence of Artificial Super Intelligence (ASI) and the illusory temptations of ‘transhumanism’, mankind stands at a crossroads. In *Humanity’s Last Stand*, Nicanor Perlas makes an urgent plea. It is imperative, he says, that we take immediate steps to ensure that digitized technology is aligned to human values and priorities. Otherwise, ASI will kill the essence of our humanity. Further, if we do not master it now, ASI will transform mankind into its own image. Ultimately, it will destroy the human race. AI experts have not offered a single cogent solution to this existential threat. Rudolf Steiner, however, not only foresaw these developments, but gave clear alternatives. Steiner, the founder of a contemporary, scientific approach to spirituality, provided philosophical, ontological and social innovations to save humanity from the abyss. It is the task of the global anthroposophical movement to pioneer this civilization-saving work: to establish spiritual-scientific ideas in mainstream culture that would allow AI to emerge in a healthier societal context. Perlas gives an overview of the phenomenon of AI together with its related transhuman concepts of ‘perfecting humanity’, and outlines the critical internal and external responses required to meet them with consciousness. In particular, he addresses the movement connected to the work of Rudolf Steiner, indicating its all-important tasks: to cooperate with progressive individuals and movements, including scientists and civil society activists; to mobilize its ‘daughter’ movements for action; and, ultimately, to cooperate with the spiritual powers that have guided and served humanity since the dawn of time. This, says the author, is humanity’s last stand, and failure is not an option.

"A new life phase is beginning to emerge within our society. When the Baby Boom generation came of age in the 1960s and 1970s, they jump-started a cultural revolution that shaped today's society. Now, many feel they are living a life of frenzied disharmony. This out-of-balance feeling is a signal that you are ready for your second coming of age, your life beyond adulthood. [This book] illuminates how to recognize and navigate the most challenging and fulfilling developmental stage of life"--Dust jacket flap.

Discover the inspiring national bestseller about aging and health that "will help us all live each year to the fullest" (Sheryl Sandberg). We've all seen the ads on TV and in magazines-"50 is the new 30!" or "60 is the new 40!" A nice sentiment to be sure, but CEO of AARP Jo Ann Jenkins disagrees. 50 is 50, and she, for one, likes the look of it. In *Disrupt Aging*, Jenkins focuses on three core areas-health, wealth, and self-to show us how to embrace opportunities and change the way we look at getting older. Here, she chronicles her own journey and that of others who are making their mark as disruptors to show readers how we can be active, healthy, and happy as we get older. Through this powerful and engaging narrative, she touches on all the important issues facing people 50+ today, from caregiving and mindful living to building age-friendly communities and making our money last. This is a book for all the makers and doers who have a desire to continue exploring possibilities, to celebrate discovery over decline, and to seek out opportunities to live the best life there is.

Written by an international team of experts, this comprehensive volume investigates modern-day family relationships, partnering, and parenting set against a backdrop of rapid social, economic, cultural, and technological change. Covers a broad range of topics, including social inequality, parenting practices, children’s work, changing patterns of citizenship, multi-cultural families, and changes in welfare state protection for families Includes many European, North American and Asian examples written by a team of experts from across five continents Features coverage of previously neglected groups, including immigrant and transnational families as well as families of gays and lesbians Demonstrates how studying social change in families is fundamental for understanding the transformations in individual and social life across the globe Extensively reworked from the original Companion published over a decade ago: three-quarters of the material is completely new, and the remainder has been comprehensively updated

We financially plan for our retirement, but do we plan for our wellbeing? Here is an empowering guide with practical tools to help you live a passionate, fulfilling second half of life. If you’re part of the Baby Boomer generation, then you belong to 26 percent of the US population that is retiring healthier than any generation before. And that means retirement is starting to look a whole lot different. No longer satisfied with a quiet life of sitting on the porch or puttering around the house, retirees (or soon to be) are looking to create a passionate, active, fulfilled, and engaging later life. That’s where Ron Pevny comes in. His inspiring guide helps you do what he calls “conscious aging”—or making a reality the life of growth, purpose, service, and spiritual exploration you’ve always imagined for yourself. In addition to wisdom for navigating loss and grief, Pevny offers advice that helps you identify your goals, contribute to society, remain engaged and relevant, and spend your later years in profound personal development. Today’s seniors are reshaping what retirement is all about. It is a whole new opportunity to engage with family, community, and the world with vigor. Don't just grow older—age consciously.

Revised and updated edition of the author's *Great jobs for everyone 50+*, c2012.

A crash course in retirement benefits! Too often, writing about social security turns the noteworthy details of the benefits into boring details about regulations or biased political arguments that would put even a die-hard bureaucrat to sleep. *Social Security 101* cuts out the tedious explanations and instead provides a hands-on lesson that keeps you engaged as you learn all you need to know about the federal program that's been around since the Great Depression. From the history of social security to its likely role in the future, this primer is packed with hundreds of entertaining tidbits and concepts that will keep you engaged as you learn how to maximize your benefits. So whether you want to learn about calculating your retirement age or estimating your projected payments, *Social Security 101* has all the answers—even the ones you didn't know you were looking for.

HR Professional's guide to creating a strategically sustainableorganization Employees are central to creating sustainable organizations, yetthey are left on the sidelines in most sustainability initiativesalong with the HR professionals who should be helping to engage andenergize them. This book shows business leaders and HRprofessionals how to: motivate employees to create economic,environmental and social value; facilitate necessary culture,strategic and organizational change; embed sustainability into theemployee lifecycle; and strengthen existing capabilities anddevelop new ones necessary to support the transformation tosustainability. Talent, Transformation, and the Triple Bottom Line alsodemonstrates how leading companies are using sustainability tostrengthen core HR functions: to win the war for talent, tomotivate and empower employees, to increase productivity, and toenliven traditional HR-related efforts such as diversity, healthand wellness, community involvement and volunteerism. Incombination, these powerful benefits can help drive businessgrowth, performance, and results. The book offers strategies, policies, tools and specific actionsteps that business leaders and HR professionals can use to getinto the sustainability game or enhance their effortsdramatically Andrew Savitz is an expert in sustainability and has workedextensively with many organizations on sustainability strategy andimplementation; he and Karl Weber wrote *The Triple BottomLine*, one of the most successful books in the field Published in partnership with SHRM and with the cooperation ofthe World Business Council for Sustainable Development Forward by Edward Lawler III This book fills a gaping hole in both the HR and sustainabilityliterature by educating HR professionals about sustainability,sustainability professionals about HR, and business leaders abouthow to marry the two to accelerate progress on both fronts.

[Second Wind](#)**[Retirement by Design](#)****[The Real Change-Makers: Why Government is Not the Problem Or the Solution](#)****[In Our Prime](#)****[Women Talk About Intimacy After 50](#)****[A Guided Workbook for Creating a Happy and Purposeful Future](#)****[Perspectives from Psychology and Marketing](#)****[Finding Work That Keeps You Happy and Healthy ... And Pays the Bills](#)****[Navigating the Collapse of Time](#)****[Thriving in the Decade of Radical Transformation](#)****[Women and Ageing](#)****[Champion Your Career - Winning in the World of Work](#)****[Jewish Wisdom for Growing Older](#)****[Unretirement](#)****[The Enduring Power of Connecting the Generations](#)**

This edited collection considers the ways older women’s life narratives redefine culturally imposed conceptions of what it means to grow older. Drawing on research from age studies as well as social and cultural gerontology, the contributors explore the subjective accounts and diverse voices of older women. In doing so, they examine the tensions between older women’s social identities versus their individual narratives. In their chapters, the contributors acknowledge, explore and contextualise women’s experiences of growing older, thus counterbalancing the often one-sided, negative representations of ageing perpetuated by dominant cultural discourse. They focus on diverse forms of life writing including memoirs and (auto)biography, digital and visual forms of life narrative as well as autoethnographic accounts. As the chapters in this collection demonstrate, life writing by and about older women often necessitates opening out literary forms and modes of critique, searching for narrative and performative strategies, and creating spaces in which to inscribe subjective experiences. Relationships, intergenerational connections, and visual and material cues are often integral to these analyses, which assert the richness of older women’s life narratives. The chapters in this book were originally published as a special issue of *Life Writing*.

Government did not create our social problems and it can't solve them for us. This book explores in detail the who and how of real social change.

Want to confidently choose your new career? Create a clear vision of a career that suits you "to a tee" and avoid the painful path of trial and error on the job. *Champion Your Career, Winning in the World of Work*, provides the most up-to-date information about the world of work today along with time tested tools for developing an effective job search strategy. *Champion Your Career, Winning in the World of Work*, takes you through a number of thoughtful career exploration exercises and provides insights into how to best find a career that is 'right' for you. In each chapter and with each exercise you will discover the elements of a career that you will find fulfilling and rewarding. Discovering your passions and values will ensure you find the most rewarding career for YOU. Some people are happy no matter which career they choose. Others are forever unhappy even when they change careers. The secret to finding a fulfilling career is knowing what you want, and choosing the career where "You can be You" all day long. How do you discover what you want? The exercises and self-assessment tools in this book are what you need. You can explore your passions and values and recognize your strengths and skills. Once you have those, you can apply strategies for decisions making, goal setting and networking to move toward your chosen career path. Once you have your career path in mind, *Champion Your Career*, provides great tips on -examining the current job market, researching potential employers, resume writing, and interviewing skills - utilizing today's internet-based tools. Take charge and *Champion Your Career!* The author, Halimah Bellow, MA, MS, CCC, CPC, draws on more than twenty years of experience as a career counselor and coach to bring you these exercises, tools and tips. Halimah wants everyone to find a fulfilling career. Since she can't assist everyone, she wrote this guide to be your companion on your *Champion Journey*.

How can you move most effectively from the pinnacle of business and leadership success into "post-work" life that energizes you, and leverages your experience and your interests? This book draws on the experience of several past CEOs to address the important topic of 'personal continuity' for family business leaders transitioning from the day-to-day leadership of their enterprise. Making this transition remains challenging for most leaders. Lack of clarity or options for meaningful post-CEO roles is a major factor in succession struggles, resulting in wide-reaching consequences for all stakeholders in the enterprise. Here, family business consultant Brun de Pontet takes an in-depth look at the dynamics and challenges for leaders in transition and the systems around them, to deliver insights on sources of difficulty and tips and tools for effective planning. The book draws extensively on the experiences of more than a dozen former family business leader interviewees. These highly driven and accomplished business leaders share stories and lessons from their own personal continuity journey as they transitioned from the top of their companies. Combining these real examples with knowledge from years of consulting and research, Brun de Pontet helps leaders broaden their sense of self as they look forward to a rich, purpose-filled next chapter in life.

'An engaging, timely exploration of how to bring more wisdom into our work lives' Adam Grant, New York Times bestselling author of *Originals* 'This is exactly what we need right now!' Brené Brown Do you want to reinvent the second half of your career? ----- Chip Conley ignites a bold, urgent conversation about age and ageism in the workplace. He liberates the term 'elder' from the stigma of 'elderly', and reveals the value of wisdom that can only be accrued through years on the planet. *Wisdom at Work* will teach you how to be indispensable in the second half of your working life. 'Anyone feeling jaded, jejune or just plain past it at work can read this book in a morning and feel revived' *The Financial Times* AWARDS: Independent Publisher Book Award 2015 (Silver) and National Mature Media Award 2015 (Bronze) Step-by-step tips for revitalizing your career Yes, it is possible to have a job you love, and it doesn't require starting from scratch. *Love Your Job* is a guide to making work fulfilling and fun — again, or even for the first time. Why count down the hours of the day or the days to retirement when you could reinvalidate your workday, transforming the daily doldrums into a daily dose of enjoyable activity? Kerry Hannon, The New York Times columnist and AARP's Jobs Expert, focuses on the little things that can make a big difference in how we feel about work. *Love Your Job* is all about the routines, habits, and thought patterns that, over the years, may have turned a dream job into a drudge or, worse, a nightmare. Changing these habits and attitudes is simple, and this book shows you how to identify the little things that make work enjoyable and engaging. Using these simple techniques, you can adopt the attitude that will keep you happy and that might just lead to bigger and better things, no matter what stage of your career you are in. In this book, you will learn to: Develop new habits that bring more purpose into every single workday Rekindle your hope and motivation by celebrating small successes Recognize negative patterns that keep you from enjoying your job Craft an entrepreneurial attitude that will get you noticed and enrich your work life We all deserve to experience happiness and satisfaction every day, at every stage of our careers. Kerry Hannon explains that you don't have to make a huge career transition to love work again. But if you reinvent the way you see work, who knows where your new outlook will lead? Wake up to the countless possibilities that await you with *Love Your Job*.

STRONG, WISER, BETTER An Essential Guide for Reentering, Reinventing, or Rebooting Your Career at Any Age So many women hit their 40s or 50s and realize: it's time for a career change. Maybe you're yearning to try something new, or you're sensing that layoffs are coming and you need a backup plan. Perhaps you paused, or downsized your career to raise children, and you're ready to rejoin the workforce. How do you reboot, relaunch, return to, or reinvent a career at age 40? Or 50? Or 60? And how can you create a career and life that will provide you with purpose and financial security for years to come? In *Comeback Careers*, New York Times bestselling author and co-host of MSNBC's Morning Joe Mika Brzezinski and her sister-in-law Ginny Brzezinski have teamed up to show you that career reinvention is possible at any age. You have the skills, experience, and maturity; it's time to own them. For this book, Mika and Ginny interviewed dozens of career-changers working in a variety of fields, from finance to academics to the arts. They share successful relaunchers' secrets to overcoming obstacles, both internal and external, and their step-by-step processes and candid advice. They also reveal key strategies from top job coaches, résumé-writers, and LinkedIn experts, tailored to the special challenges of mid-career jobseekers. It's time to rewrite the narrative. You are stronger, wiser, and better at the midpoint, and *Comeback Careers* is a roadmap to your career reinvention and fulfillment. As the demands of work grow more intense, personal life can get shoved to the side. But resolving the job-versus-life conflict doesn't require the kind of big, disruptive, scary transformation that so many time-management "experts" recommend. In *Tweak It*, Cali Williams Yost proves that a comfortable work+life fit can be achieved through making small, consistent, everyday changes -- tweaks -- that, cumulatively, will optimize job performance and well-being. This engaging, practical book, filled with case studies of people who've tweaked their way to professional success and personal satisfaction, guides readers through an easy-to-implement program that can be tailored to suit any individual's life, both on off the job.

[Navigating the New Stage Beyond Midlife](#)**[The Big Shift](#)****[Talent, Transformation, and the Triple Bottom Line](#)****[Rethink, Refresh, Reinvent Your Success--At 40, 50, and Beyond](#)****[A Peaceful Path Through the End of Illusion](#)****[Navigating the Aspirational City](#)****[Humanity's Last Stand](#)****[Unfinished Work](#)****[The Great Shift](#)****[Strategies for Success](#)****[Why Life Gets Better After 50](#)****[A Bold New Path to Living Your Best Life at Every Age](#)****[Finding Your Grit and Grace Beyond Midlife](#)****[The Challenge of Artificial Intelligence. A Spiritual-Scientific Respose](#)****[The Rowman & Littlefield Handbook on Aging and Work](#)**

"In this warm, wise, and witty overview, Jonathan Rauch combines evidence and experience to show his fellow adults that the best is yet to come." —Steven Pinker, bestselling author of *Enlightenment Now* This book will change your life by showing you how life changes. Why does happiness get harder in your 40s? Why do you feel in a slump when you’re successful? Where does this malaise come from? And, most importantly, will it ever end? Drawing on cutting-edge research, award-winning journalist Jonathan Rauch answers all these questions. He shows that from our 20s into our 40s, happiness follows a U-shaped trajectory, a “happiness curve,” declining from the optimism of youth into what’s often a long, low slump in middle age, before starting to rise again in our 50s. This isn’t a midlife crisis, though. Rauch reveals that this slump is instead a natural stage of life—and an essential one. By shifting priorities away from competition and toward compassion, it equips you with new tools for wisdom and gratitude to win the third period of life. And Rauch can testify to this personally because it was his own slump, despite acclaim as a journalist and commentator that compelled him to investigate the happiness curve. His own story and the stories of many others from a steelworker and a limo driver to a telecoms executive and a philanthropist—show how the ordeal of midlife malaise reboots our values and even our brains for a rebirth of gratitude. Full of insights and data and featuring many ways to endure the slump and avoid its perils and traps, *The Happiness Curve* doesn’t just show you the dark forest of midlife, it helps you find a path through the trees. It also demonstrates how we can—and why we must—do more to help each other through the woods. Midlife is a journey we mustn’t walk alone.

Navigating the Aspirational City forwards a theory of contemporary Chinese urban educational culture that focusses on historical conceptions of “the good citizen” and the contemporary material environments within which parents pursue their childrearing projects.

The budget battles of recent years have amplified the warnings of demographic doomayers who predicted that a wave of baby boomers would bleed America dry, bankrupting Social Security and Medicare as they faded into an impoverished old age. On the contrary, argues award-winning journalist Chris Farrell, we are instead on the verge of a broad, positive transformation of our economy and society.

The old idea of "retirement"--a word that means withdrawal, describing a time when people gave up productive employment and shrank their activities--was a short-lived historical anomaly. Humans have always found meaning and motivation in work and community, Farrell notes, and the boomer generation, poised to live longer in better health than any before, is already discovering

unretirement--extending their working lives with new careers, entrepreneurial ventures, and volunteer service. Their experience, wisdom--and importantly, their continued earnings--will enrich the American workplace, treasury, and our whole society in the decades to come. Unretirement not only explains this seismic change, now in its early stages, it provides key insights and practical advice for boomers

about to navigate this exciting, but unsettled, new frontier, drawing on Chris Farrell's decades of covering personal finance and economics for Bloomberg Businessweek and Marketplace Money. This will be an indispensable guide to the landscape of unretirement from one of America's most trusted experts.

Offers inspiration and guidance to help you make greater meaning and flourish amid the challenges of aging. It taps ancient Jewish wisdom for values, tools and precedents to frame new callings and beginnings, shifting family roles, and experiences of illness and death. For seekers of all faiths; for personal use and caregiving settings

Using this helpful book, learn how the secret to happiness and longevity can be found through mentoring the next generation. In How to Live Forever, Encore.org founder and CEO Marc Freedman tells the story of his thirty-year quest to answer some of contemporary life's most urgent questions: With so many living so much longer, what is the meaning of the increasing years beyond 50? How can a society with more older people than younger ones thrive? How do we find happiness when we know life is long and time is short? In a poignant book that defies categorization, Freedman finds insights by exploring purpose and generativity, digging into the drive for longevity and the perils of age segregation, and talking to social innovators across the globe bringing the generations together for mutual benefit. He finds wisdom in stories from young and old, featuring ordinary people and icons like jazz great Clark Terry and basketball legend Kareem Abdul-Jabbar. But the answers also come from stories of Freedman's own mentors—a sawmill worker turned surrogate grandparent, a university administrator who served as Einstein's driver, a cabinet secretary who won the Presidential Medal of Freedom, and the gym teacher who was Freedman's father. How to Live Forever is a deeply personal call to find fulfillment and happiness in our longer lives by connecting with the next generation and forging a legacy of love that lives beyond us.

Where do we find the relationships that matter in our second adulthood? Susanne Braun Levine, author of Inventing the Rest of Our Lives, answers these questions with charming wit, experience, and intrigue in How We Love Now, with a new introduction by the author. Today, women in their fifties, sixties, and seventies are defining a totally new love narrative. Whether they are already experiencing intimacy—and great sex!—or longing to, these women are discovering unparalleled freedom and joy. Continuing Suzanne Braun Levine's ongoing conversation with women in Second Adulthood, How We Love Now draws on her interviews with women across the country. Some are finding new relationships—with younger men, other women, or rediscovered childhood sweethearts—while others are enriching longstanding ones. (Of course, the Internet has opened up a new world of opportunities.) Their funny, heart-wrenching, and inspiring stories prove that this pioneering generation of women is continuing to take risks—and enjoying life more than ever.

Now in paperback from New York Times reporter Patricia Cohen, a “lively, well-researched chronicle” (The New York Times Book Review) of the concept of middle age, from the nineteenth century to the present. The director behind the Hollywood close-up and the inventor of the “midlife crisis,” the doctors who promised to restore men’s sexual vigor with monkey gland transplants and the neuroscientists mapping the middle-aged brain, the fashion designers and the feminists: They are all part of the fascinating parade of businessmen, entertainers, scientists, and hucksters who have shaped our understanding and experience of middle age. Midlife has swung between serving as a symbol of power and influence and a metaphor for decline, yet the invention and history of this vital period of life have never before been fully told. Acclaimed New York Times reporter Patricia Cohen finally fills the gap with a book that provokes surprise, outrage, and delight. In Our Prime takes readers from turn-of-the-century factories that refused to hire middle-aged men to high-tech laboratories where researchers are unraveling the secrets of the middle-aged mind and body. She traces how midlife has been depicted in film, television, advertisements, and literature. Cohen exposes the myths of the midlife crisis and empty-nest syndrome and investigates antiaging treatments such as human growth hormones, estrogen, Viagra, Botox, and plastic surgery. Exhilarating and empowering, In Our Prime will compel readers to reexamine a topic they think they already know.

[Private Meaning, Social Lives](#)

[Every Ending a New Beginning for Clergy, Their Family, and the Congregation](#)

[Navigating the Badlands](#)

[The Aging Consumer](#)

[Disrupt Aging](#)

[Big Shift,The](#)

[Embrace & Savor Your Next Chapter](#)

[Navigating the Passage to a Slower, Deeper, and More Connected Life](#)

[Social Security 101](#)

[How We Love Now](#)

[The Making of a Modern Elder](#)